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California quake injures at least 120

6.0-magnitude tremor rocks
Napa wine country

PAGE 8

BROSNAN HAD A (FIRE) BALL OF A TIME

FORMER BOND ON THE JOYS
OF 'BLOWING STUFF UP' FOR
HIS NEW, CGI-FREE FILM

PAGE 12

Harper on 'wrong side of history'



Liberal Leader Justin Trudeau said Saturday he believes it's time to call a national inquiry into missing and murdered indigenous women.

JASON FRANSON/THE CANADIAN PRESS

Opposition. Justin Trudeau challenges PM's stance on missing, murdered aboriginal women after 15-year-old's death

Quoted

"It's part of a pattern that has gone on for years and Canada absolutely needs to get to the bottom of (it) with a national inquiry."

Liberal Leader Justin Trudeau

Prime Minister Stephen Harper is "on the wrong side of history" in his refusal to launch a public inquiry to study the high number of missing and murdered aboriginal women, federal Liberal Leader Justin Trudeau said Saturday.

Trudeau was in Moncton, N.B., where he said the recent case of Tina Fontaine, a 15-year-old aboriginal girl found dead in Winnipeg, highlights the need to begin an inquiry.

"My heart goes out to the families of not just Tina Fontaine but of all the missing and murdered over the years," Trudeau said. "The prime minister has shown himself not to be simply ... just out of touch with Canadians on this issue, but also on the wrong side of history."

Harper said last week that Fontaine's death was a crime and should not be viewed as a

sociological phenomenon."

"There's no question that there's a criminal issue here; a horrible crime was committed," said Trudeau, who was campaigning with the provincial Liberals for the New Brunswick election.

The federal Conservatives have said they prefer to address the issue in other ways, such as through aboriginal justice programs and a national DNA missing person's index.

In May, the RCMP released a breakdown of 1,181 cases of aboriginal women who disappeared or were homicide victims.

It said while aboriginal women make up 4.3 per cent of Canada's population, they account for 16 per cent of female homicides and 11.3 per cent of missing women.

THE CANADIAN PRESS



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Crime

Homicide victim identified

Winnipeg police have identified the victim in an early morning homicide on Saturday in the Spence neighbourhood.

Police said they were called to the scene after a passerby noticed the unconscious man on Cumberland Avenue near Spence Street.

Winnipeg police said Helder Serpa, 57, was walking home in the area when he was confronted by an unknown man. Serpa was stabbed several times in the upper body. According to the man's LinkedIn profile, Serpa was a health and safety officer with the province.

He was taken to hospital, where he was pronounced dead.

Police managed to locate a suspect and take him into custody.

Matthew James Sellner, 35, is facing a charge of second-degree murder.

METRO

Election

New face in mayoralty race

Winnipeg has a ninth candidate running for mayor.

Hazam Aslan, a Handi-Transit driver, registered to run on Friday.

Aslan, 31, immigrated to Canada 15 years ago after spending several years in a Syrian refugee camp. Aslan is originally from Iraq.

Transcona Coun. Russ Wyatt also registered to run for re-election on Friday, ending speculation that the long-time politician would be retiring.

METRO

Election. Steeves opposes rapid transit Phase 2

A mayoral candidate is vowing to derail the second phase of the multimillion-dollar rapid transit project.

Gord Steeves said the project's route through the Parker Lands would add \$100 million in costs and not produce results for taxpayers.

"My vision for the city is to ensure a rapid transit plan which not only offers the most direct route, but also enhances the developments al-

ready on Pembina Highway," Steeves said in a news release.

"A BRT route through the Parker Lands does not accomplish either of these goals. This BRT line is Winnipeg's BiPole 3."

Steeves' opponents quickly jumped on the announcement, condemning the candidate's change of heart.

Paula Havixbeck called the announcement "manipulative" and "sheer political

opportunism," noting only three months ago Steeves told media the second leg should be finished before any discussion about the third leg.

On Saturday Steeves clarified, saying he still believes in rapid transit, but not the route.

"I did not become aware of the full details of this plan until June. I agree there is a need for rapid transit, and that plan needs to be a wise

investment of taxpayer dollars. I cannot support Phase 2 of BRT through the Parker Lands because it doesn't make sense."

BERNICE PONTANILLA/METRO
WITH FILES FROM ELISHA DACEY

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Moody's report shouldn't cost Winnipeg: Havixbeck



Coun. Paula Havixbeck says the Moody's Investor Services downgrade of Manitoba will have an impact at the municipal level. BERNICE PONTANILLA/METRO

Campaigning.

Mayoral candidate wants province to cover negative effects of credit downgrade

everything we can to try to not have another tax increase due to this mismanagement at this level."

Havixbeck said that should the provincial government not cover this cost, as mayor she would implement a hiring freeze.

Moody's, the credit-rating agency, said the province will find it challenging to meet its target to balance the budget by the 2016-17 fiscal year.

It also said the province's debt-to-revenue ratio is growing to an expected 150 per cent in 2016.

The agency has maintained the province's credit rating at Aa1, but cautioned there will be downward pressure on the figure if the debt continues to climb.

The NDP government has been running deficits since 2009 and blamed high costs related to flooding and a sluggish world economy.

BERNICE PONTANILLA/METRO
WITH FILES FROM THE CANADIAN PRESS

1 NEWS



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Full disclosure a must, mayoral candidate says

Election. Robert Falcon Ouellette says someone seeking to donate to his campaign anonymously approached him and was flatly rejected



BERNICE PONTANILLA

bernice.pontanilla@metronews.ca

Restoring public trust in city hall goes hand-in-hand with clear ethical reforms that include real-time disclosure of campaign donors and a mandatory registry of financial assets for elected officials and their immediate family, said Robert Falcon Ouellette.

The mayoral candidate used the Winnipeg police headquarters in the downtown area as the backdrop on Friday, saying that he was relieved to see the audits go to the RCMP for review.

"If you were a business bidding on city projects, it should be awarded based on your ability to deliver value for money and not who you donated to," he said, adding that the public's sense of trust has been violated.

"The people of Winnipeg should be able to expect more from their government and their politicians."

Ouellette said someone seeking to donate to his campaign anonymously approached him and was flatly rejected.

"If you say that you believe in openness and transparency, then you have to live it and you have to demonstrate everything. If you have nothing to hide, then show it," he added.



Robert Falcon Ouellette said elected officials and their immediate family members should disclose assets.
BERNICE PONTANILLA/METRO

Policy

Mandatory donation disclosure

Robert Falcon Ouellette said that if elected mayor, he would implement a mandatory donation disclosure policy that would state the

amount of money, donor's name, occupation and "whether they work for a company or organization that benefits from city contracts."

Ouellette said he'd have the city compile an annual list of contracts awarded to campaign donors, and he'd create a mandatory registry

of the financial assets of the mayor, councillors and their immediate family members.

He'd also establish an integrity certification for contractors, and modernize the City of Winnipeg's conflict-of-interest rules to go beyond Manitoba borders and "apply everywhere."

BERNICE PONTANILLA/METRO

Police car and truck collide



A damaged truck and a Winnipeg police cruiser car. ELISHA DACEY/METRO

No one was seriously injured after a Winnipeg Police cruiser car collided with a black truck on Saturday.

Police said the cruiser car was en route to a high-priority domestic call when it entered the intersection heading north on Sherbrook Street near McDermot Avenue Saturday evening around 7 p.m.

Const. Jason Micha-

lyshen said the cruiser had its lights and sirens on, and did enter the intersection on a red light.

A black Tacoma Truck entered the intersection eastbound, said police, and failed to yield the right of way to police.

Both the cruiser car and the truck were heavily damaged. Police said the investigation is continuing.

ELISHA DACEY/METRO

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Iraqis stand together to honour James Foley

People hold a photograph of U.S. freelance journalist James Foley during a small memorial ceremony in Irbil, 350 kilometres north of Baghdad, Iraq, on Sunday. Foley was slain by Islamic State militants after being held in captivity for nearly two years. MARKO DROBNJAKOVIC/THE ASSOCIATED PRESS

Hundreds attend mass for murdered U.S. journalist

'Devoted.' Hometown memorial remembers James Foley as a man who was driven to open world's eyes to suffering and oppression

Slain U.S. journalist James Foley was living his faith by bringing images to the world of people suffering from war and oppressive regimes, a Roman Catholic bishop said Sunday at a mass in his honour.

Bishop Peter Libasci said even after Foley was captured for the first time in Libya in 2011, he "went back again that we might open

Quoted

"Jim went back again that we might open our eyes. That we might indeed know how precious is this gift. May almighty God grant peace to James and to all our fragile world." Bishop Peter Libasci, about slain U.S. journalist James Foley

our eyes."

The mass was attended by Foley's parents, John and Diane Foley, and hundreds of others in their hometown of Rochester, N.H. The bishop read aloud a letter from the Vatican extending the condolences of Pope Francis.

Foley was kidnapped in 2012 while covering the Syrian uprising. The Islamic State posted a web video Tuesday showing his killing,

claiming it was in retaliation for U.S. airstrikes in Iraq.

Libasci invoked the prayer of St. Francis, which begins, "Lord, make me an instrument of your peace," to implore the gathered not to hate but to heal.

"It is in giving that we receive," he recited. "It is in pardoning that we are pardoned. It is in dying that we are born to eternal life. To

these words, I think we can

say, 'Yes, I wish we could do that.' It is not beyond our capability. It is not impossible. Our Lord lived it. Our most Blessed Mother lived it. Many saints have lived it. James lived it."

At a vigil Saturday night in Rochester, about 200 people gathered to show support for the Foley family.

"We are honoured that you care and love Jim. We are honoured that you recognized the sacrifices he made," John Foley said then. "He loved the Syrian people. He was devoted to telling their story and doing whatever he could to help their fight."

A funeral for Foley will be held on Oct. 18, what would have been his 41st birthday.

THE ASSOCIATED PRESS

Peter Theo Curtis. Syrian militants release U.S. man

An American held hostage in Syria by an al-Qaida-linked group has been released after about two years, the Obama administration said Sunday, days after militants had beheaded a U.S. journalist abducted while covering that country's civil war.

The U.S. identified the freed American as Peter Theo Curtis of Massachusetts and said he was now safe and outside of Syria. The United Nations said it helped with the handover to UN peacekeepers in a village in the Israeli-annexed Golan Heights and that Curtis was released to American authorities after a medical checkup.

The administration provided no details about the circumstances of his abduction or his release. It was not known what prompted Curtis's release.

A cousin of Curtis's, Viva Hardigg, declined to provide details, but said that he



Peter Theo Curtis THE ASSOCIATED PRESS

had been held by the Nusra Front, which is al-Qaida's affiliate in Syria.

"He seems to be in good health," Hardigg said. "We are deeply relieved and grateful for his return and the many people who have helped us secure his freedom."

THE ASSOCIATED PRESS

Steven Sotloff

Canadian denies inadvertent role in Syria kidnapping

A Montreal photographer is speaking out after a U.S. news website accused him of inadvertently playing a role in the capture of American journalist Steven Sotloff in Syria last year.

Yves Choquette says he's the freelance photographer anonymously referred to as "Alex" in a controversial report published Friday on The Daily Beast.

The report alleges the photographer identified his

local Syrian guide, commonly called a fixer, to suspected militant Syrians on Facebook.

It says that may have compromised the safety of the American journalist, who worked with the same fixer days later. Choquette denies the allegations, which he says distort the events of August 2013. He says he didn't reach out to Syrians on the social media site, but instead sought out a journalist from Radio Free Syria in an attempt to find a reliable fixer.

The report says the photographer contacted up to 30 Syrians on Facebook in his search for a fixer to guide him across the Syrian border from Turkey. THE CANADIAN PRESS

Tories kept aging Challengers in the air to shuttle around VIPs

The Harper government's plan to decommission four of its six C-144 Challengers was sidelined and revisited last year because the executive jets were getting more VIP and military use than expected.

Former defence minister Peter MacKay, in early 2013, ordered that the majority of the aircraft, long cast as a symbol of Liberal excess by the Conservatives, be retired within the year.

But newly released

memos, written last fall, show the plan was scaled back to the deactivation of just two planes — something the government waited to announce until after Parliament recessed in late June.

The Challengers are tasked with shuttling around the prime minister, the governor general and cabinet ministers. They also serve as air ambulances for the military.

What the air force found after MacKay issued the order

was that it couldn't deliver both services with just two planes because there were "multiple scheduling conflicts for Challenger support among Code One (Very, Very Important Persons)," according to a four-page analysis dated Oct. 31, 2013.

The reason the four aircraft were to be retired was because they were almost 30 years old and their 1980s electronics restricted where they could fly.

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Pro-Russian insurgents gather at Donetsk rally

Defiance in Donetsk.

Pro-Putin Ukrainians stage their own demonstration during Ukraine's independence celebrations in Kyiv

Thousands of pro-Russia insurgents paraded captured Ukrainian soldiers through the streets of Donetsk on Sunday as bystanders shouted abusive slurs at them and tossed eggs, bottles and tomatoes.

The display came as President Petro Poroshenko vowed to raise defence spending to defeat the rebels, during a ceremony in downtown Kyiv to mark Ukraine's 23rd anniversary of independence from the Soviet Union.

The development in Donetsk underscores the increasing

divisions within Ukraine as it prepares for many more months of conflict, and while Kyiv's campaign has only gained more support throughout the country, resentment festers throughout much of the east.

Several thousand onlookers gathered in the main square of Donetsk and shouted obscenities at the dozens of captives, some in Ukrainian military garb and some in tattered civilian clothing, that were forced to march past them. They were flanked by armed rebels bearing bayoneted rifles.

One visibly agitated man yelled obscenities as he held an infant in one arm. A woman shouted, "Hang the fascists from a tree!" Other women rushed at the prisoners, trying to kick and slap them, but were restrained by rebel fighters.

Since hostilities began, more than 2,000 have died,



A man throws an egg at members of the Ukrainian military who were taken prisoner by pro-Russia rebels and marched through Donetsk's main square as they were abused by pro-Russia loyalists. SERGEI GRIKS/THE ASSOCIATED PRESS

while an estimated 300,000 have fled Donetsk.

Poroshenko and Russian President Vladimir Putin are scheduled to meet Tuesday in Minsk, Belarus, alongside

other European Union leaders. German Chancellor Angela Merkel cautioned against harbouring expectations of a decisive breakthrough at the much-anticipated meeting.

"The meeting in Minsk certainly won't yet bring the breakthrough," Merkel said. "But you have to speak to one another if you want to find solutions." THE ASSOCIATED PRESS

Israel-Palestine

Abbas may pursue UN resolution

Aides to Palestinian President Mahmoud Abbas said he is preparing to request that the United Nations impose a deadline on Israel to withdraw from lands it captured in the 1967 Mideast war to pave the way for a new Palestinian state. Should the UN not approve a resolution, the officials said, Palestinians would file war crimes charges against Israel with the International Criminal Court. THE ASSOCIATED PRESS

Italy

Navy recovers 18 dead migrants

Italian authorities recovered 18 dead from a boat with 266 migrants during rescue efforts on Sunday.

The rescue renewed calls from Interior Minister Angelino Alfano for the EU to relieve migrant pressure on Italy.

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Bricks and rubble cover the sidewalk in front of a heavily damaged building following an earthquake Sunday in Napa Calif. Scan the photo with your Metro News app to see more photos of the damage caused by the 6.0-magnitude quake. ERIC RISBERG/THE ASSOCIATED PRESS

California earthquake rocks Napa wine region

6.0-magnitude event.
More than 120 sent to hospital, power goes out, fires ignited

The strongest earthquake in 25 years struck the heart of California's wine country early Sunday, igniting gas-fed fires, damaging some of the region's famed wineries and

historic buildings, and sending more than 120 people to hospitals.

The magnitude-6.0 quake was centred near the city of Napa, an oasis of Victorian-era buildings nestled in the vineyard-studded hills of northern California.

It ruptured water mains and gas lines, hampering firefighters' efforts to extinguish the blazes that broke out after the tremor struck

at 3:20 a.m.

Gov. Jerry Brown declared a state of emergency for southern Napa County, directing state agencies to respond with equipment and personnel.

President Barack Obama was briefed on the earthquake, the White House said, and federal officials were in touch with state and local emergency responders.

THE ASSOCIATED PRESS

Tropical storm Cristobal's pelting rains lash Bahamas

Slow-moving tropical storm Cristobal lashed parts of the Bahamas and the Turks and Caicos Islands with heavy rainfall and white-crested surf, after swollen rivers swept away at least three people on Hispaniola, the Caribbean island shared by the Dominican Republic and Haiti.

In the Dominican Republic, a man drowned when he tried to drive his pickup truck across a rushing river in Hato Mayor, a province northeast of the capital of Santo Domingo. Juan Manuel Mendez, the country's emergency operations director, said the death was due to the "regrettable recklessness of this driver."

In neighbouring Haiti, authorities were looking

for two residents reported swept away late Saturday by a river that burst its banks in the western port town of Saint Marc.

"We're still looking for the bodies," said Luckecy Mathieu, a local civil protection co-ordinator.

The U.S. National Hurricane Center in Miami said Cristobal may strengthen into a hurricane on Wednesday while over the open waters of the Atlantic. The storm's centre was expected to curve away from the U.S. East Coast.

Many residents in the sparsely populated southeastern Bahamas and the tiny British Caribbean dependency of the Turks and Caicos Islands hunkered down as Cristobal's rains

pelted windowpanes.

Capt. Stephen Russell, head of the Bahamas' emergency management agency, said there had been no reports of damage by late Sunday morning. Air traffic to the southeastern Bahamian islands had not been suspended, but sea vessels were advised to remain in port, he said.

By Sunday afternoon, Turks and Caicos Premier Rufus Ewing advised residents to remain indoors as much as possible since the island chain south of the Bahamas was still experiencing heavy rains and "extensive flooding in low-lying areas," especially on Middle Caicos and North Caicos islands.

EZEQUIEL ABIU LOPEZ AND DAVID MCFADDEN/THE ASSOCIATED PRESS

Missouri shooting

Obama sending aides to Michael Brown funeral

U.S. President Barack Obama is sending three White House aides to the funeral of Michael Brown, the black teen whose fatal shooting by a white police officer sparked racial unrest in Ferguson, Mo.

Early Sunday, tensions briefly flared then subsided as nightly protests continued two weeks after the 18-year-old's death.

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Drug-testing kits can save lives: Advocates

Limitations. Detective with Toronto Drug Squad says kits could give drug users a false impression of safety

Drug-testing kits currently available in Canada have limitations, but they can be



Romanians try adoptions to solve stray cats problem

A woman touches noses with a kitten during a stray cat adoption event organized by the Streetcats volunteer association in an attempt to reduce the number of abandoned cats roaming the street in Bucharest, Romania, Sunday. The Romanian capital, infamous for its stray dogs, is also home to an impressive number of stray felines.

ANDREEA ALEXANDRU-MEDIAFAX/THE ASSOCIATED PRESS

part of the solution to help prevent unnecessary deaths at live concerts such as Toronto's Veld music festival, where two people died earlier this month after taking what were believed to have been party drugs, says a harm-reduction group.

Toronto's Trip Project says the testing kits, when combined with other strategies like drug education,

Quoted

"People die at music festivals. That's not a thing that we should just accept."

Lori Kufner, a co-ordinator with Toronto's Trip Project

could make drug use safer for people who will not abstain from risky behaviour.

Lori Kufner, a co-ordinator with the city-funded organization, said that testing kits

for synthetic so-called "party drugs" may be a way of reducing risks, but they aren't widely used and some people who take drugs don't even know they're available.

"A lot of people who like to use drugs recreationally don't even know that it's possible to test them," said Karim Rifaat, the owner of Test Kit Plus, a Montreal company that sells the kits online.

"It's not as good as sending it to a lab," he said, but the kits allow people to get an overall idea of the constituents of a capsule, tablet, or powder drug sample.

The RCMP said that while testing kits are not illegal, they could indicate to an officer that someone is carrying a controlled substance.

Detective Jeffrey Ross of the Toronto Drug Squad said he understands how testing kits might be perceived as useful, but expressed concern at the number of substances in their blind spots.

THE CANADIAN PRESS

Alberta. Scientists study seismic line restoration in foothills to save caribou

Scientists studying the ravaged caribou habitat of Alberta's northwestern foothills say they have found so much disturbance from decades of industrial use that restoration will have to be selective.

The Foothills Research Institute in Hinton, Alta., is one year into a three-year study on how animals and humans continue to use this landscape in an effort to understand how to best restore it.

Back roads into the bush reveal a patchwork of clearcuts, well pads, access roads and seismic lines so extensive that gravel and green greet the eye almost equally.

About five per cent of range for the Little Smoky and a la Peche caribou herds remains undisturbed — a long way from the federal government's 65 per cent target.



A wolf saunters along a seismic line cut by an energy company through the bush along Alberta's northwestern foothills, in this photo taken by a motion detector camera. COURTESY FOOTHILLS RESEARCH INSTITUTE/THE CANADIAN PRESS

The scientists are trying to figure out how to bridge that gap. That means understanding the impact of seismic lines, which are used to study geology underground.

Wolves normally prefer to prey on deer and moose, but seismic lines allow them to penetrate into the deep woods where caribou hide. Caribou also normally avoid

Rapid deforestation

It's part of an area that recent satellite data suggests is being deforested at a rate that outpaces what's going on in Brazil's rainforests.

- There are more than 16,000 kilometres of seismic lines, cut by the energy industry through the forest, within the study area's 13,000 square kilometres.

coming within 500 metres of a seismic line, making every line, in effect, a kilometre wide.

Researchers feel restoration should be done in areas that were earlier best habitats for caribou but now, because of the seismic lines, attract both predators and humans. THE CANADIAN PRESS

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Sriracha factory

'We don't make tear gas': CEO

A Southern California factory that makes Sriracha hot sauce held an open house over the weekend "to prove we make hot sauce; we don't make tear gas," said David Tran, the CEO of the plant's owner, Huy

Fong Foods.

Irwindale, a Los Angeles suburb of about 1,500 people, had sued the company and declared the plant a public nuisance after some nearby residents complained of an eye-watering, throat-closing odour during grinding season.

The suit was later dropped.

THE ASSOCIATED PRESS

Lufthansa

German airline pilots may strike

A union representing airline Lufthansa's pilots is threatening a new round of strikes in a long-running dispute over wages and early retirement benefits.

The Vereinigung Cockpit union says in a statement

it may order pilots to strike "starting immediately" because negotiations have failed to achieve their goals.

Lufthansa, Germany's biggest airline, called the union's position incomprehensible. The pilots want Lufthansa to keep paying a "transition" benefit for those who retire early, while the airline wants to cut those extra payments.

THE ASSOCIATED PRESS

Spaced out

European satellites off-target after Friday launch

European space officials say they're investigating whether the inaccurate deployment of two satellites will complicate their efforts to develop a new Galileo satellite navigation

system that would rival America's GPS network.

The European Space Agency and launch company Arianespace say the satellites ended up in off-target orbits after being launched Friday from Kourou, French Guiana.

Saturday's agency statement did not explain whether their orbital paths could be corrected.

THE ASSOCIATED PRESS

The ups and downs of the biz in August



HOW TO ROLL
Alison Griffiths
metronews.ca

Who is swinging and who is sagging in the business world? Here's the roundup for August.



Thumbs up: BlackBerry gets the nod. If CEO John Chen has his way, weary BlackBerry

shareholders will no longer care about whether this new gadget or that will take market share from Apple, Google or Samsung.

Chen is shooing the company away from a reliance on the Next Big Thing. While other tech device producers race to turn us into cyborgs, Chen is mining the power of the patents the company holds.

The stock jumped 1.5 per cent last week to \$10.77. British Prime Minister David Cameron helped out when he said he could run the country via BlackBerry before heading off for his second holiday this summer.

**Thumbs up:**

This one goes to the Nasdaq. Well, kinda, sorta. As of last week the U.S.-based tech-heavy exchange is back to where it was before the dot-com crash. On Monday, Aug. 18, the Composite Index climbed above 4,500 points for the first time since March 31, 2000. It's only been 14 years of waiting, folks. What are you crying about?

**Thumbs down:**

The winner is Statistics Canada for its blunder on the July jobs figure — first reporting a measly 200 new jobs then sheepishly updating it to 42,000. Phew, that's better. As Philip Cross, former chief economic analyst at StatsCan, noted in a commentary: "It is one thing to make an error in the estimate of livestock," quite another to botch any of the holy trinity — GDP, the consumer price index and the jobs report.

Eliminating the long-form census and slashing \$29 million from StatsCan's

Not there yet

Four tech stocks still below March 2000 highs:

- Sirius XM: -94%
- Vodafone: -75%
- Cisco Systems: -64%
- Yahoo: -58%

budget didn't have a thing to do with the mistake. No, of course it didn't. The federal government says so, and who am I to disagree?

Thumbs down:

Oh, Target! How we loved to love you when we shopped south of 49 and how much we loathe you in our own backyard. If the sparsely filled aisles of my local Target are anything to go by, the company still hasn't figured out its supply chain problems. New CEO Brian Cornell (formerly of PepsiCo) will no doubt have the Canadian operations under a microscope.



Chained to the cause

More than 7,500 people formed an eight-kilometre human chain Saturday across the German-Polish border to protest the expansion of open-cast mining for brown coal in the region. The protest reached between Kerkwitz, Germany and Grabice, Poland — two villages that activists fear will be evacuated to make way for further brown coal (also known as lignite) mines. **PATRICK PLEUL/DPA/THE ASSOCIATED PRESS**

Las Vegas. Post-recession renaissance in store for the Strip's tired north end



Fireworks erupt over the SLS Las Vegas. **BRIAN JONES/LAS VEGAS NEWS BUREAU/THE ASSOCIATED PRESS**

The Las Vegas Strip has a new casino in business on the foundations of the old Sahara, which once hosted the likes of Frank Sinatra, but was eventually closed.

A \$415-million pleasure palace called the SLS Las Vegas opened Saturday with midnight fireworks and a party for 3,600 guests as the Strip's tired north end continues to enjoy a post-recession renaissance.

The area, long associated with empty lots, low-budget

motels and frozen construction cranes, is expanding once again.

A Malaysian conglomerate has announced plans to fold the half-finished Echelon casino into an Asian-themed Resorts World Las Vegas. Australian casino giant Crown Resorts has purchased land where the New Frontier casino once stood and an open-air concert venue set to house the massive Rock in Rio USA music festival next spring is in the works.

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THIS SHOULD BE JOB #1 FOR NEW MAYOR

So far, coverage of this year's mayoral campaign has been dominated by promises to sell city assets, pledges of accountability and transparency, proposals for tax changes, and social media posts that range from racist to vacuous.

But last week, Paula Havixbeck hit upon the one issue that has the potential to make the biggest difference in how citizens view their civic government: Customer service.

It might seem like a simple concept, but building a customer service culture at city hall is key to fixing our infrastructure, ensuring fair tax levels, providing quality recreation options and improving citizen satisfaction.

When thousands of Winnipeggers had their water pipes freeze last winter, many people said it was an infrastructure problem, while council called it a natural disaster. But in reality, it was a complete customer service failure.



URBAN COMPASS
Colin Fast
winnipeg@metronews.ca

The city failed to identify the problem soon enough, failed to notify homeowners about what they could do to prevent freezing, failed to acquire enough equipment and manpower to thaw pipes, and failed to provide affected homeowners with the help they needed in a timely manner.

Sometimes it seems like city hall is the only place in town where it's harder to get help than at the downtown Bay.

Havixbeck wants to fix that by starting with improvements to 311. She has proposed reorganizing the service so that callers have a single agent manage their case from start to finish, instead of dealing with multiple representatives.

Since 311 is the city's primary customer service tool, it makes sense to start there. But a more comprehensive approach is needed if there's going to be a big shift toward a "citizen first" strategy.

Every city employee, not just 311 reps, should undergo

customer-service training to learn how they can better serve the public and work more co-operatively with colleagues in other departments to solve problems.

The city should appoint a senior administrator, a Chief Service Officer, to be in charge of 311 and improving customer-care standards across all areas of the organization.

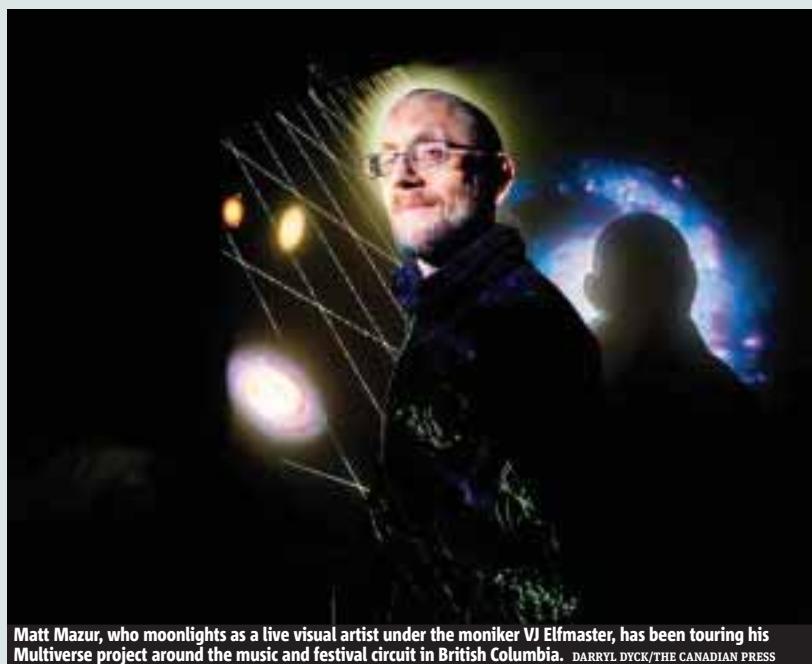
The city's website needs to be overhauled to ensure customer needs are put ahead of political communication, and that information is easy to find (hopefully reducing the volume of 311 calls).

And councillors themselves need to realize that placing the concerns of citizens ahead of their own political legacies will ultimately make it a lot easier to be re-elected.

If Winnipeggers feel like they're well-informed and that city departments are sincerely trying to fix problems as quickly as possible, they'll have a lot more patience for the difficult decisions council needs to make going forward.

Havixbeck deserves credit for starting the conversation; now let's hope we're not left on hold waiting for other candidates to share their plans for better service.

We're all part of the same Multiverse



Matt Mazur, who moonlights as a live visual artist under the moniker VJ Elfmastar, has been touring his Multiverse project around the music and festival circuit in British Columbia. DARRYL DYCK/THE CANADIAN PRESS

VJ Elfmastar hopes to take message of galactic unity way beyond Earth's EDM scene

A Vancouver man with a laptop, a cache of space telescope images and a passion for space is mapping our corner of the universe, in a quest to do for the galaxy what images of the Earth did for global consciousness in 1969.

Matt Mazur has built a universe simulator that projects

Time to get spacey

"It's time for us to grow up, and grow up past our adolescent years on the Earth."

Artist Matt Mazur

a 3D rendering of the Earth's galactic neighbourhood onto two massive white screens, giving any user the power to scroll far beyond our own solar system with a hand-controlled motion sensor device.

"Galactic consciousness still might take a while before it

actually kicks in, but it's a process," said Mazur.

Mazur has digitally stitched together and enhanced 64 galaxies and is cataloguing 50 more, as he charts the brightest galaxies in the region.

He hopes to eventually render 250 galaxies, amounting to 1/38-millionth of the observable universe.

The project is dubbed Multiverse. Mazur provides the vicarious exploration of the universe with the hope that a critical mass of such projects will spur society to adopt space as a plausible future home amid a galactic community.

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In this issue, you can find AR enhancements on page 8 in News and page 12 in Scene

Worth mentioning. Californians swap out thirsty grass lawns for gardens to cope with drought



Rick Blankenship holds a photo of his previous grass lawn at his home in Long Beach, Calif. NICK UT/THE ASSOCIATED PRESS

Southern California don't bear greenery other than grass, but water agency officials say the interest in turf removal pro-

grams — fuelled in part by an increase in rebate rates — is encouraging.

THE ASSOCIATED PRESS



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**Life On Earth**

By E.O. Wilson

iBooks/iTunesU

• • • •

**MIND THE APP**Kris Abel
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This free textbook series is exquisite. It brings to life a high school biology course from a prominent teacher using animated, talking diagrams, demonstration videos, and interactive experiments. It's one thing to clearly explain the chemistry of life; another to see it in action. Wilson's fascinating examples and gorgeous photography are deeply rewarding.

Spielberg series**Minority Report headed to TV**

Steven Spielberg is working on a TV series based on his 2020 sci-fi action movie, *Minority Report*. According to Warp, he has hired Godzilla screenwriter Max Borenstein to write the futuristic series, in which crimes can be predicted and prevented before they happen. **AFP**

Brosnan leaves 007 behind for a much grittier spy role

The November Man.

As a rogue ex-CIA man, new character is more dangerous and driven — and requires no CGI special effects

JAMES ROCCHI

scene@metronews.ca

Speaking about his new action thriller *The November Man*, Pierce Brosnan is eager to talk about the challenges of playing a different kind of spy. He's not only the star, he's also executive producer of the film, and he was determined to make sure his work as rogue ex-CIA man Peter Devereaux was grittier, grimmer and very different from his past outings in the cloak-and-dagger field.

You've been doing comedies lately, so what brought you back to action?

It just seemed like fertile ground. I had my days as James Bond, and they were glorious and wonderful and productive; we brought (Bond) back after six dormant years ... so it was invigorating to be a part of it.

When the curtain fell — surprisingly and unexpectedly — it was just over. I had a certain void, a vacuum. So when we set sail on *The November Man*, it just seemed to hit now, with the geopolitical happenings going on.

Pierce Brosnan's film, *The November Man*, is a pure action movie, with real explosions and effects. **CONTRIBUTED**

I don't recall Bond, like Devereaux, killing a girl so he can delay his enemies. Was that scene important, to establish Devereaux as that dangerous, that driven?

It's a shocking act, on paper and on screen; it's one that, really, you roll the dice on and hope you don't disconnect with your audience. By that stage, you already know anything can happen — and it does in the most graphic way. I love that scene; I think it defines the character, that keeps the audience off-centre.

In an age of computer-generated marvels, is it nice to take part in an action film about real car chases, real explosions, real effects?

Well, it worked for us ... It worked for this film. We had so much money, we had so many days — so we knew we weren't going to have this monolithic graphic overture of CGI or anything like that; it's a handmade, hand-wrought film, and everything's in camera. And that was the pleasure of it — to be in the streets, to shoot from the hip, to make

AUGMENTED REALITY

→ Scan this photo with your Metro News app to see the trailer for *November Man*

→ See the full instructions on Metro's Voices page.

a movie that was tangible and real and to be blowing stuff up in the streets. It was magnificent (laughs). It was great fun.

Soap to spy. Luke Bracey nervous working with world's 'best spy'

Luke Bracey's acting career has transformed over the past five years — from a bad-boy role on an Australian soap to starring with Pierce Brosnan in *The November Man*.

"It was funny to get jolted straight to the level of James Bond standing opposite you," he said from Italy, where he was filming. "It's taken everything inside me not to crumble and freak out."

The 25-year-old Sydney native has been seen alongside Selena Gomez in the 2011 film *Monte Carlo* and as Cobra Commander in 2013's *G.I. Joe: Retaliation*, but this is his biggest role yet.

"When I got offered it,

I couldn't believe it until I started making it because it was such an exciting film."

The film is based on the novel *There Are No Spies*, one of 13 books in Bill Granger's best-selling spy series that Brosnan's production company has worked for five years to bring to the screen.

Bracey's character, CIA agent David Mason, is pitted against his former mentor Peter Devereaux, now ex-CIA, in the search for a Chechen refugee who can bring down the next Russian president.

Devereaux always seems to be a few steps ahead of Mason — until the cat-and-mouse game culminates in

an intense fight scene. Bracey admitted to being nervous about getting physical with "the best spy in the world."

"I hadn't really done a fight scene, so it was a little daunting for me. You have to put a lot of trust in the other person pretending to fight — that they're not going to hit you, they're going to swing in the right place and they're going to dodge when you're punching them. Pierce was great. He's done it so many times before."

And Brosnan still has some moves.

"It was a pretty even fight," Bracey said of his 61-year-old opponent. **THE CANADIAN PRESS**

Young Australian actor Luke Bracey stars opposite Pierce Brosnan in action spy thriller, *The November Man*. **CONTRIBUTED**

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Pop goes the week



Gwyneth gets gleeful while her ex dates a real sweetie



STARGAZING
Malene Arpe
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Chris Martin is reportedly dating Jennifer Lawrence while his ex, Gwyneth Paltrow, is seeing Glee co-creator Brad Falchuk. Chris was apparently drawn to Jennifer because she's so laid-back and relaxed, and Gwyneth likes Brad because he's someone to date while Chris is dating America's bleeping sweetheart.

Andrew Keegan of *10 Things I Hate About You* has started his own religion called Full Circle.

Coincidentally, one of the things people really and totally hate about you is when you start cults that sound like failed sitcoms.

Walking Dead creator Robert Kirkman says there's a very good chance everyone's favourite crossbow wielder, Daryl Dixon, could be gay. Great. That's at least two weeks spent readjusting all my fan fiction. As if I didn't have enough to do with Simon Cowell predicting One Direction will break up soon.

This week in Back Together: 1) Selena Gomez and Justin Bieber are seen at a bible study group. 2) Jennifer Lopez and Casper Smart are seen driving around in her car. 3) Drake and Rihanna are seen exiting a club together. 4) TLC is seen planning yet more specials with Kate Gosselin.

Twitter



@HamillHimself
Cooking in the kitchen with my daughter Julia Child style. Who's hungry?



@chelseahandler
I'm trying to get scuba-certified for my last show. It's not going well

• • •



@kirstiealley
I need to have another kid so they can teach me computer stuff ... mine are hiding from me

• • •



Nick Cannon ALL PHOTOS GETTY IMAGES

'Trouble in paradise' between Mariah and Nick (but his lips are now sealed)

Nick Cannon confirmed last week that there's trouble in his marriage to Mariah Carey and that the two are living apart. But that might be the last we hear from him.

"There is trouble in paradise, we have been living in separate houses for a few months. My main focus is my kids," he told *The Insider*.

Carey's rep said, "Mariah is focusing on her children

and her upcoming tour."

And on keeping Cannon's mouth shut, apparently.

According to TMZ, their lawyers worked out a confidentiality agreement about their divorce proceedings, barring Cannon from discussing it further and giving Carey exclusive rights to announce any details.

I guess we know whose lawyer wears the pants.

Shots fired at Chris Brown during VMA pre-party hit rap mogul and others

Brown was the target. The VIP bash included Justin Bieber and Tyson Beckford. Knight was rushed to nearby Cedars-Sinai, and is expected to recover.

Brown tweeted his feelings after the incident: "It's disappointing that we as a society can't have fun or enjoy ourselves without any altercations sometimes. Miss me with the bulls—!"



Suge Knight

No sense wasting good ice for ALS

Leave it to Sir Patrick Stewart to inject some class into the ongoing ALS Ice Bucket Challenge trend. The X-Men star posted a video of himself in a posh hotel room writing out a cheque to the ALS association. He's then seen pulling a silver ice bucket into the frame and considering it for a moment.

He grabs a glass and a pair of tongs, carefully places two ice cubes from the bucket into the glass, fills it with some very nice Scotch, toasts the camera and takes a very satisfying sip.



Sir Patrick Stewart

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GAIL
VAZ-OXLADE
Gail blogs daily at
gailvazoxlade.com

I started the new year with an important purchase. I always said when I left television I'd get a puppy. Tabitha is a spicy Heinz 57. A wee thing — when I got her she weighed about 1.5 lb. — she'll be about 10 lb. when she's all done growing.

Puppies don't come cheap. Between the vaccinations, the spaying, the bed, cage, food, and puppy pads, Tabi's first few months have run to over \$1,000. Not a small commitment. And those early vet bills make you really think about how much more your furry child might cost over a lifetime.

Canadians spend about \$4 billion on their pets every year. Yes, \$4 billion! While some of that money goes to needs like food, some is just plain indulgence. (Do you think your dog really knows what you paid for that cute little jacket?) One area where costs have been growing consistently is medical care. Pet insurance would seem like a no-brainer, right?

So I looked into it. (Hey, if I can offset my costs with insurance, I'll do it. I'm no dummy.) The problem with pet insurance is in the petite-print. On top of deductibles and co-pays, unreimbursed costs, and exclusions — all of

7 things to ask as you look at pet insurance options

- Enrolment period.** Some plans cover critters from eight weeks old to death; others cut off coverage at eight years or so, just when you're most likely to need coverage.
- Wait period.** There are often wait periods of up to 21 days from the time you fill out the application until the plan goes into effect. Some plans also require a vet checkup before the plan is activated.
- Benefit limit.** What's the maximum the plan will pay out each year or over the life of the plan?
- Deductible.** How much you must pay from your own pocket for each claim? Some plans let you choose a deductible while other plans increase the deductible as your pet ages.
- Coverage for pre-existing conditions.** Some plans will cover if the condition has been completely cured; other plans consider genetic conditions to be pre-existing. For example, Doberman Pinschers tend to suffer from Wobbler Disease and cardiomyopathy, so those might not be covered for your Dobi. Hip dysplasia is often excluded. And there are breeds — like Chinese Shar-Peis — that aren't covered at all by some plans.
- Coverage for preventative care.** Does your plan take care of your vet visits? Does your plan require at least an annual vet visit to keep the plan in effect?
- Monthly cost.** Costs vary tremendously depending on the type of plan you sign up for, with monthly premiums running anywhere from \$10 to \$100.

which you pay out-of-pocket — you also pay premiums. Seemingly small \$11 to \$50 per-month premiums can add up to \$2,000 to \$6,000 or more over a pet's lifetime.

When I typed Tabitha's specifics into the CAA pet insurance plan, I got quotes of \$0.45, \$1.33 and \$1.60 per day for their Compact, Intermediate and Luxury plans. I hate daily quotes, so I immediately converted them to annual costs: \$164.25, \$485.45 and \$584 per year respectively. Compact only covers acci-

dents (not illness) and to a max of \$2,000. Intermediate covers everything to a maximum of \$2,500 a year. Luxury's limit is \$4,500 a year.

This is a pretty typical plan. Basic pet plans cover the costs of accidents (like being hit by a car) and some cover common illnesses like eye and ear infections. Top-of-the-line coverage may cover routine preventive care (such as vaccinations and neuters/spays) and even alternative therapies like acupuncture and hydrotherapy. Some even



Only about two per cent of Canadians have pet insurance. iSTOCK

cover the costs of cremation or burial of a pet, and include extra coverage upon accidental death. Know what you're buying and figure out if it's worth the cost over the long haul, or if you would be better off just sticking the premiums in the bank as a pet emergency fund.

So far most Canadian pet owners choose to self-insure by setting up a pet savings account and accumulating money each month. It's been estimated that only about two per cent of Canadians

have pet insurance. With fingers crossed, they hope that they'll have enough saved up if and when the time comes to deal with a medical issue. I'm one of them. Rather than laying out \$500 to \$600 a year in premiums only to find a rejected claim or an uncovered expense has me dipping into my wallet, I'll happily budget for Tabitha's medical costs over time.

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Fitness apps got game they can't sustain



The gamification strategy is widely used by developers of fitness apps, and could be one reason users are quick to abandon them, according to a recent study. JAREN WILKEY/BYU PHOTO

An increasingly sedentary lifestyle in which people can't put down their mobile devices has led app developers to believe there could be a pot of gold in motivating people to exercise by means of gamified fitness, though researchers say the gaming aspect could have limited long-term success.

"It's just been assumed that gamified apps will work, but there has been no research to show that they're effective for people long-term," says lead author Cameron Lister of the Brigham Young University Health Sciences Department. "Does earning a badge on your screen actually change your health behaviour?"

Lister and BYU health sci-

ences professor Josh West examined 2,000 of the 31,000 fitness apps on the market and found that a large majority of the most popular apps aim to motivate by means of gamification.

Researchers say the most common form of motivation in the apps is peer pressure, which was the main component in 45 per cent of apps found to include gamification, followed by digital rewards (24 per cent), competitions (18 per cent) and leaderboards (14 per cent).

The researchers then analyzed the apps for their gaming components and how they addressed behaviour change, and found that their approach often didn't lend itself to long-

term motivation and behavioural change. For example, they say, rather than operating on a rewards-based system that could start to feel more like work than play, the apps could focus on skill development.

They downloaded and tested 132 gamified fitness apps including Pact, Fitbit, DietBet and Zombies, Run!

Once the novelty wears off, the motivation goes away and the elements key to fitness and behaviour change have been ignored, say researchers in explaining the buzzed-about quandary that the majority of fitness app users are quick to abandon their technologies. **AFP**

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Use well-planned pluck to bring in the big bucks

Negotiate your way to better pay. Do your homework before you ask for that raise

DAN SCHAWBEL
Metro in New York

There's a point in every career where an employee is going to have to negotiate either a job offer or a raise for the first time. Because most people aren't born negotiators, many workers end up making only a fraction of what they are worth.

While some people are afraid to negotiate their salary, it is actually a sign of professionalism — because it shows that you're serious, intelligent and value your expertise. Here are my top negotiation tips:

Do your due diligence

Sites like Salary.com and PayScale.com are great ways to find out the salary range of a particular position.

Also remember to speak with your industry mentors to discover what amount you should expect and how much you might be able to increase it by. It's important to collect all of this information before entering the negotiation process. That way you're equipped to respond to any pushback.

Use data to justify the increase

If you want to earn more, you have to be able to prove the value of your contributions. If you're in sales, keep good records of all the deals you've closed and the amount of total revenue your work has generated. In marketing? Now is the perfect time to talk about the number of leads you've generated through your various campaigns and then how many of those leads were closed by the sales team. The key thing is to show your boss that it makes more sense for the company to pay you more than lose you to their competition in the future.

Always try to have multiple offers

Whether you're a job seeker or employee, you should aim to have several job offers so that you can use them as leverage. The more offers you have, the more negotiating power you have and the more insight you have into how much you are valued in the marketplace. If you get an offer, that doesn't mean you should stop interviewing. And if you're an employee, you should still be interviewing from time to time to ensure that you're earning what you are worth. Don't become complacent — a new opportunity could be waiting just around the corner.

Play it for what it's worth

The key thing is to show your boss that it makes more sense for the company to pay you more than lose you to their competition in the future.



Here's a tip: Your boss is not going to put more money in your pocket automatically. You've got to ask for it. iSTOCK

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Take great panes. Another reason you should work to get into the corner office

What difference does a window make? A lot, it turns out.

Office dwellers who primarily work in spaces that have lots of natural light and windows sleep better, exercise more and have a better quality of life than those who work in environments that don't have access to direct sunlight. That's according to a new study out of Northwestern University, which found that employees who worked in offices with windows slept an average of 46 minutes more than those who were windowless.

"There is increasing evidence that exposure to light, during the day, particularly in the morning, is beneficial to your health via its effects on mood, alertness and metabolism," said senior researcher Dr. Phyllis Zee, a neurologist



What an enlightening experience: Office workers who sit near windows enjoy a better quality of life. iSTOCK

and sleep specialist, in a statement.

The researchers say there's a simple solution to the problem and suggest architects and building managers ensure that all workstations are placed at least 20 to 25 feet from the peripheral walls containing the windows. "Daylight from side windows almost vanishes after 20 to 25 feet from the windows," said study co-author Mohamed Boubekri.

LAKSHMI GANDHI/METRO IN NEW YORK

"Exposure to light ... particularly in the morning, is beneficial to your health via its effects on mood, alertness and metabolism."

Neurologist Dr. Phyllis Zee

Good things, like tasty Pulled Pork Sandwiches, come to those who wait

Pulled Pork with Apple Cider Barbecue Sauce. Braising the meat takes a while, but it is so worth it



ROSE REISMAN
For more, visit rosereisman.com or follow her on Twitter @rosereisman

With a little time and a little patience, this restaurant favourite can be made at home.

Pulled pork is a drool-worthy and inexpensive meal that uses a Boston butt or pork shoulder. It's a tougher cut of meat, but braising it breaks the tendons down so the meat melts in your mouth, and literally can be "pulled" apart — thus its name! It does take a few hours to braise until it's tender, but you can do this a couple of days in advance and use the meat for main entrées or sandwiches. It's well worth the time. Mixing the meat with a homemade barbecue sauce is the key.

Directions

1. Preheat the oven to 300 F.

2. Rub the roast with Cajun seasoning. In a large skillet or grill pan, sear the pork on all sides just until browned.

3. To make basting sauce: Combine the cider vinegar and brown sugar and pour 1 cup in the bottom of a large roasting pan. Add the pork and roast, covered tightly, until 190 F temperature is



This recipe serves six. ROSE REISMAN

PREP TIME
ABOUT 15 MINUTES

reached (approximately 3 to 4 hours). Baste with the mixture of cider vinegar and brown sugar every hour.

4. To make the barbecue sauce: Combine the ketchup, brown and white sugar, salt and pepper, onion powder,

mustard, lemon juice, Worcestershire, cider vinegar, corn syrup and molasses until smooth.

5. To make the caramelized onions: In a large skillet, add the oil and sauté the sliced onions with brown sugar on

low heat for 15 minutes or until tender.

6. When the pork is cooked, toss the basting sauce and pull pork apart with two forks, removing all visible fat and the skin. Add just enough of the barbecue

sauce to wet all the meat. Save remaining sauce for serving alongside. Serve with the caramelized onions or veggie toppings of your choice either on sandwich loaves or on its own.

THE BEST OF ROSE REISMAN (WHITE-CAP BOOKS) BY ROSE REISMAN

Ingredients

- 3 lb pork shoulder
- 1 tbsp Cajun or Southwestern seasoning

Basting Sauce

- 2 cups cider vinegar
- 1/2 cup brown sugar

Barbecue sauce

- 1 cup ketchup or chili sauce
- 2 tbsp packed light brown sugar
- 2 tbsp granulated sugar
- Pinch of salt and pepper
- 3/4 tsp onion powder
- 3/4 tsp dry mustard
- 1 tbsp fresh lemon juice
- 1 tbsp Worcestershire sauce
- 1/4 cup cider vinegar
- 1 tbsp light corn syrup
- 1 tbsp molasses

Caramelized Onions

- 2 tsp vegetable oil
- 1 large sweet onion sliced thinly
- 2 tsp brown sugar

To Assemble

- 6 sandwich loaves

- Lettuce and tomatoes

Nutritional information

Per serving (excluding bread)

- Calories. 452
- Carbohydrates. 39 g
- Fibre. 0.5 g
- Protein. 52 g
- Total fat. 7 g
- Saturated fat. 3 g
- Cholesterol. 136 mg
- Sodium. 529 mg

No typical potato salad

If you want a spin on a potato salad, this recipe is a must!

Ingredients

Salad

- 3/4 cup chopped sweet onions
- 1 tsp vegetable oil
- 12 small red potatoes
- 4 individual whole hearts of palm (from can)
- 2 plum tomatoes, sliced into 1/4-inch rounds, then cut in half
- 1/4 cup chopped green onions

Ripe plum tomatoes, small red potatoes and hearts of palm

with a ginger-sesame dressing are a wonderful combination to accompany any entrée.

Hearts of palm are the edible inner part of the stem of the cabbage palm tree. They are slender with a delicate flavour similar to white asparagus.

1. Sauté onions 1 tsp oil for 5 minutes on a medium heat.

2. Scrub potatoes but do not peel. Cut into quarters. Boil until just tender, approximately 10 to 15 minutes. Drain and



This recipe serves six. ROSE REISMAN

place in a serving bowl still hot, cover with sautéed onions.

3. To make dressing: In a small

bowl, whisk together dressing ingredients. Pour over warm potatoes and sautéed onions and toss to coat.

4. Combine remaining salad ingredients with potatoes. Garnish with cilantro. Serve warm.
ROSE REISMAN

4 SPORTS

18

SPORTS

metronews.ca
Monday, August 25, 2014

Barclays

Mahan pulls three birdies to end his PGA drought

Hunter Mahan pulled away with three straight birdies to win The Barclays on Sunday, ending an 0-for-46 drought on the PGA Tour.

The victory could not have come at a better time.

Mahan now is assured of

making the Tour Championship every year since the first FedEx Cup in 2007, the only player in all playoff events. He's also made an impression on Tom Watson as a captain's pick for the Ryder Cup team.

Mahan closed with a 6-under 65. He made a 10-foot birdie on the 15th hole for the lead, hit his approach to three feet on the 16th and sealed the win with a 20-foot birdie on the 17th.

THE ASSOCIATED PRESS

LPGA

Ryu wraps CP Women's Open with a 23-under

So Yeon Ryu held off a back-nine charge from fellow South Korean Na Yeon Choi to win the \$2.25-million US Canadian Pacific Women's Open.

Ryu finished with a 23-under par 265, breaking



So Yeon Ryu
THE CANADIAN PRESS

the tournament record of 18 under but not threatening Annika Sorenstam's LPGA Tour record of 27 under.

"One think I'm disappointed (about) is I couldn't reach Annika's low record," Ryu said. THE CANADIAN PRESS

Roughriders

Sunseri's first TD beats the Lions

Tino Sunseri's first CFL career touchdown pass sparked the Saskatchewan Roughriders to a comeback 20-16 victory over the B.C. Lions on Sunday.

The Riders (6-2) are now tied for second place with Winnipeg in the West Division. THE CANADIAN PRESS

Redblacks trampled at home



Defensive lineman Demonte' Bolden, left, of the Calgary Stampeders grabs a hold of Henry Burris of the Ottawa Redblacks at TD Place Stadium on Sunday in Ottawa. ANDRE RINGUETTE/FREESTYLE PHOTOGRAPHY/GETTY IMAGES

Sold-out crowd.

Early 7-0 lead over Stampeders turns into fifth straight loss

The Calgary Stampeders defeated the Ottawa Redblacks 32-7 Sunday afternoon in Ottawa to improve to 7-1 and move into a first-place tie with the Edmonton Eskimos for first in the CFL's West Division.

Joe West, speaking with tear-filled eyes and slumped shoulders, found the strength to talk about a horrific loss.

Just hours before the Stampeders were to take on the Ottawa Redblacks, Calgary's wide receiver received the devastating news that his younger brother had been murdered.

"I just couldn't do it without my teammates," said West. "It was hard, but it was a challenge and every challenge brings change so I just accepted it. I knew I had brothers on my side on the field and we pulled out the win. We got it."

West not only played Sunday, he was a significant factor in the Stampeders' 32-7 victory over the Redblacks with four catches for 129 yards.

With the win, the Stampeders remain undefeated on the road, going a perfect 4-0. Sunday's game also marked the return of star running back Jon Cornish, who had missed the past six games due to a concussion.

On Sunday

32

Stampeders

7

Redblacks

Meanwhile, the Redblacks (1-7) suffered their fifth straight loss.

The Stampeders held an 8-7 lead at the half and never looked back. Back-to-back touchdowns in the fourth quarter put the game out of reach and showed the Redblacks' inexperience.

The Stampeders will face their toughest challenge next week as they host the Edmonton Eskimos (7-1) in a showdown for first overall in the West. The Redblacks will finally have an opportunity to face an East Division opponent as they take on Montreal following four straight games against West Division teams.

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Stuck on 12 Across?
Scan this image with your Metro News app for today's crossword and Sudoku answers.
It's OK. No one's watching.

→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries

March 21 - April 20

A new moon in the wellbeing area of your chart urges you to slow down. You won't miss out on any opportunities. In fact, by standing back you may see things others have overlooked.

♉ Taurus

April 21 - May 21

Everything seems to be going well for you now and for the next few days you will do best by just coasting along without worrying too much about where you are heading.

♊ Gemini

May 22 - June 21

Recent events have made you wonder if you should consider a change of direction. If you get some quiet time today use it to think through the choices.

♋ Cancer

June 22 - July 23

Love and luck combine to get the week off to a perfect start. The planets will bring only good things your way over the next 24 hours. Don't waste time wondering if you deserve it.

♌ Leo

July 24 - Aug. 23

Cosmic activity in the area of your chart that governs money will encourage you to make changes. These changes will affect loved ones too.

♍ Virgo

Aug. 24 - Sept. 23

A new moon in your sign, allied to a helpful link from energy planet Mars to your ruler Mercury, means you can have it all without making an effort.

♎ Libra

Sept. 24 - Oct. 23

The planets warn you might get a bit too laid-back over the next few days and risk losing sight of your long-term goals. So, even though you may wind down physically, stay alert mentally.

♏ Scorpio

Oct. 24 - Nov. 22

The good things that are coming your way are real and you deserve them. Today's new moon means you will find it easy to connect to others.

♐ Sagittarius

Nov. 23 - Dec. 21

Something you have been worrying about for months will finally resolve itself over the next few days and you will feel a huge sense of relief.

♑ Capricorn

Dec. 22 - Jan. 20

There is a feeling something marvelous is about to occur and it's not wishful thinking. A new moon in your fellow Earth sign of Virgo will encourage you to be bold.

♒ Aquarius

Jan. 21 - Feb. 19

Not everyone possesses your high standards, so make allowances and try not to make a big issue of any minor mistakes that loved ones or work colleagues might make.

♓ Pisces

Feb. 20 - March 20

You are in good spirits but one person seems to have missed out on the party spirit and needs someone to soothe their fears. That someone is you.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

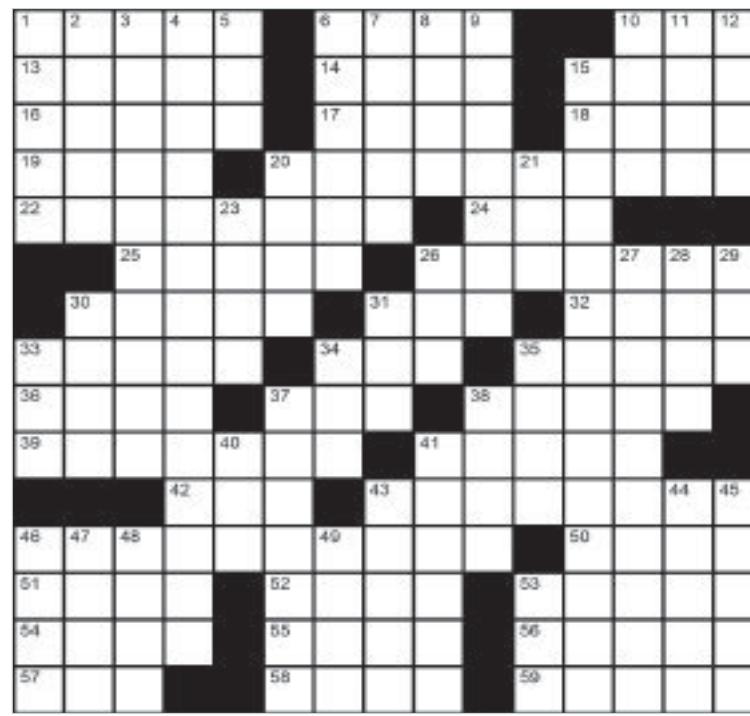
1. ___ dab in the middle!
6. PMs, e.g.
10. Five Ws, just one
13. Like crushed potatoes
14. QED's 'E'
15. Behold
16. Performed
17. 1963: "Deep Purple": ___ Tempo & April Stevens hit
18. And others, briefly: 2 wds.
19. Qatar Prix de ___ de Triomphe (Paris horse race)
20. GLAAD concerns: acr. + wd.
22. Road trip reasons-to-stop
24. Patience ___ virtue
25. Horse's holler
26. Winnipeg hockey game attendee: 2 wds.
30. Unmasks
31. Lettuce variety
32. Written symbol of yore
33. Music style
34. Wheel part
35. Country's Mr. Rogers
36. Taken back [abbr.]
37. British bar
38. Chores
39. Certain commuter's change: 2 wds.
41. On ___ (Spontaneously)
42. BC Lions mascot, ___ the Lion
43. Quebec, 1990... Oka Crisis = 78-day ___
46. "Days Like That" Canadian quintet: 2 wds.
50. Jose ___ (Celebrity hairstylist)
51. Prudish person
52. Charles Lamb's pen name

Down

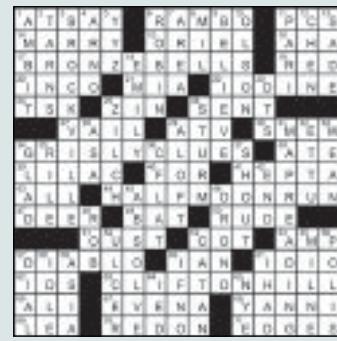
53. Cartoon style of Japan
54. Aussie footwear
55. Washington NHL players
56. "I haven't ___." (Duh)
57. Montreal article?
58. Salmon sort
59. Canuck actor Mike

1. Little
2. 1952 Robert Mitchum/Jane Russell movie
3. Canadian Space Agency employees
4. Car race signal-makers, variably: 2 wds.
5. Thomas ___ , The

- Spanish Tragedy dramatist
6. Distance
7. ___ and drabs
8. Tirade
9. Kelly Osbourne's fashion line/tattoo...
10. Accompanying
11. Warmth
12. Hoo-hoo-ers
15. Shania's is at



Friday's Crossword



Online

See today's answers at metronews.ca/answers



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku

2	5	9	1	6	8	7	4	3
8	1	7	4	9	3	2	6	5
6	4	3	5	2	7	1	8	9
9	6	8	7	3	4	5	1	2
4	7	5	8	1	2	3	9	6
3	2	1	9	5	6	4	7	8
5	8	2	6	4	1	9	3	7
1	3	6	2	7	9	8	5	4
7	9	4	3	8	5	6	2	1

8		2	9
6		5	1
	4	7	
5	9	6	2
1	2	3	4
	8		1
4	1	2	
7	8		5

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Caesars Palace, Britney's is at Planet Hollywood: 2 wds.
20. Hauls
21. 'Special' suffix
23. Geese, in Gaspe
26. Morning run pace
27. Hit for Canadian soul trio Bass is Base (Trivia! Celebrity chef Roger Mooking was a member)
28. Ms. Landers'
29. Napoleonic Wars marshal
30. Actor Corbin
31. Niblets holder
33. Texter's "I shall return momentarily..."
34. Acting prompt
35. Actress Madeline
37. School assignment
38. Poetic contraction
40. "Says She Loves Me" music duo
41. "Relax soldier!": 2 wds.
43. Sharpshoot
44. Leg bone
45. Releases from captivity
46. Stompin' Tom Connors' "Bud the ___ for Going"
48. Rocker's tour dates
49. Cosmetics company
53. Tigger creator's monogram



Pg. 297
improves
your game.

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in the World
is here.